



August 30, 2016

Issue 13

MONBULK COLLEGE NEWS

Respect, Excellence, Responsibility

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Dates to remember
Wednesday September 7
First instalment for Year
8 2017 camp
Monday 12th September
METEC Day
Tuesday 13th September
METEC Night
Wednesday 14th September
METEC Day

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Upcoming Sport Dates:

Intermediate Basketball
Friday 2nd September

Division Athletics
Tuesday 6th September

Principal's Report

COMPASS PAY - Excursions and Incursions

The Compass Pay trial is now underway and will run until the end of this year. Whilst families will have the following options

- pay and return forms using our current manual system (forms and payment returned to the General Office)
- pay and enter the permission form on line; or
- pay through the office and enter the permission form on line

I would encourage all of you to trial both completing a payment and a permission form on line so that you can provide feedback to the college.

Performing Arts

The College Production, "How the West Was Warped" was an outstanding success. Congratulations are extended to all the students and staff involved in this activity as my husband and I thoroughly enjoyed the evening.

Senior School Pathways

The final course counselling interviews for students moving into the Senior School in 2017 are occurring this week. At the same time all students in Year 12 are expected to have an interview with Mr Williamson in relation to VTAC preferences for 2017. Both these interviews are important aspects of transition and require a considerable amount of input from both staff, students and parents.

Building Upgrade

On Friday 19th I travelled into INDEC again for a meeting to progress the plans for the \$3million grant. This was a very positive meeting and we now have the go ahead to draw up more detailed plans. The upgrade provided to the college is now being changed to a master planning process which would see the first stage built in 2017. This stage will involve moving the entrance to the college close to the theatre and having the entrance at the level of the car park with a library and discussion rooms and classrooms above. This is a really exciting prospect and as we have more details I will continue to keep the College Council and the college community informed.

Margaret Uren
Principal

EVERY
DAY
COUNTS

How can I get my teenager to school?

- Act early
- Talk about the importance of showing up to school every day, make that the expectation. Regular attendance at school sets up good behaviours for regular attendance at work.
- Help your teenager maintain daily routines such as finishing homework and getting a good night's sleep. On average, teenagers need 8-9 hours sleep to be healthy and alert. You may also need to monitor their use of the Internet, mobile phone and TV at night to ensure they are not staying up too late or being disturbed while sleeping.
- Try not to schedule hair, dental or medical appointments during school hours. Arrange family holidays during scheduled school holidays so that they don't miss out on classes and feel left behind. If it is necessary to be absent from school for an extended period, arrange with your school for a Student Absence Learning Plan.
- Don't let your teenager stay home unless genuinely sick. Complaints of headaches or stomach aches may be signs of anxiety.
- If your teenager wants to stay home to finish an assignment, rather than letting them stay home, expect them to go to school – make attendance the number one priority. Later, you can discuss with them how they can improve their study habits or adjust their schedule.
- Be sure to set a good example – how you meet your commitments impacts on how they will meet theirs.

Remember

You can talk with school staff (such as a teacher, year level team leader, wellbeing staff, careers staff, assistant principal or principal) to find out what support they can provide to keep your teenager attending and engaged.

USEFUL WEBSITES/CONTACTS

www.raisingchildren.net.au

www.headspace.org.au

www.education.vic.gov.au

www.youthbeyondblue.org.au

www.kidshelp.com.au or phone **1800 55 1800**, 24 hours a day, 7 days

Parentline – phone 13 22 89 8.00am to midnight seven days a week

Science News

This week Year 11 Chemistry class visited Domaine Chandon winery in Coldstream.

Dan the winemaker told us all about the chemistry behind the winemaking process. It was a beautiful sunny day, perfect for a winery tour...no taste testing though!

Mrs Miller



SRC News

Thank you to all those students who supported our Pink and Blue free dress day.

We raised \$429.95 which will support the Breast Cancer Foundation and Beyond Blue.

Sport News

Some students recently attended the Year 7 Basketball day. Again our kids were awesome, as were our Year 9 & Year 10 coaches.

Thanks to Brock for organising the day and to Anthony Hindle for looking after and coaching the girls teams.

I managed the two boys teams, and after eight matches both teams made the grand final.

Steve Utting

Year 7 Team Leader

